Multifunction Pedometer Bracelet



Product Overview



TiME Display



Date Display



8 sets of alarm clocks



Recycle Countdown Timer



Stopwatch



Calorie display



Record 30 days of steps



Sleep quality monitoring



Remaining battery display



Weekly display



Smart light(turn wrist to see time)



Micro USB

Instruction

Press right button to scroll through:

Time—» Date/Week—» STEP—» Calorie(CALO)—» Distance(Dist)—» Alarm (AL)—» Countdown(Cdn)—» Stopwatch(Coun)—» Smart Light H ON/OF—» Sleep Monitor(SLEP)—» Remaining battery

Note: The right and left buttons have same functions, press any button to switch functions and adjust numbers. Hold any button into function settings and confirm that.

- 1. How to set time? When display time, hold the button until the numbers are flashing, press button to adjust the correct time and hold button to confirm. The settings are 12/24H-Hour-Minute-Month-Date-Year
- 2. STEP: Press button to check current steps. When display STEP, hold button then short press button to check the steps of 30 days.
- 3. Alarm: Alarms are off as default, when display AL, hold button into A1--, when-- is flashig, press button to turn on A1, hold button into alarm 1 time setting, press button to adjust time, hold button to confirm settings. The watch has 8 alarms.
- 4. Recycle Countdown Timer: When display Cdn,hold the button until digitals are flashing,press the button to choose countdown time,hold button to confirm settings. The countdown time is 1-99 minutes available. The timer will count again automatically. When screen is black, press the button to display countdown remaining time, hold button until displaying STOP, now the countdown is off.
- 5. Stopwatch: When display Coun, hold button until digitals are flashing, press the button to adjust stopwatch time, hold button to confirm it. The available stopwatch time is 1-99 minutes. Stopwatch is one time, will not count automatically again. When screen is black, press the button to display past stopwatch time, hold button until displaying STOP, now the stopwatch is off.
- 6. Smart Light, turn the wrist to see time: When display H ON/OF, hold button until OF/ON flashing, press button to adjust, hold button to confirm. OF is turned off, ON is turned on.
- 7. Sleep Monitor: Default sleep monitor time is 22:00—6:00. Poor is bad sleep, good is good sleep, norl is normal sleep.

Please note that Stopwatch and Countdown can not work at the same time.

Specifications

Size:224*16.5*9.4mm(Large strap) 244*16.5*9.4mm(Small strap)

Working atmospheric pressure: m860hpa-1060hPa

Battery life:Charging and discharging>300 times

Power supply voltage: DC=4.5V-5V

Weight: 20g(Net weight)

Display:LED display

Charging mode: Micro USB port

Battery capacity:50mAh

Sleep current:25uA

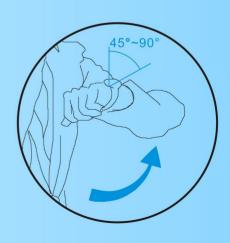
Standby time: 45 days

Material: Silicone





Please remove the electroic part from strap, and connect it with USB cable for charging like below picture



See Time When Turn Wrist